



Seminar/ Guest lecture/ Workshop/ any other Programme Conducted Details

- ✚ Name of Programme : INTERNATIONAL YOGA DAY
- ✚ Title : YOGA FOR HUMANITY
- ✚ Date : 21.06.2022
- ✚ Time : 7.30a.m. TO 10.00 a.m.
- ✚ Venue : MOOKKA PILLAI AUDITORIUM
- ✚ Organized by College/ Dept : DEPARTMENT OF COMPUTER APPLICATIONS -SF
- ✚ Staff In-charge/ Organizer : Dr.DJAYACHITRA, DIRECTOR - MCA
NEHRU MEMORIAL COLLEGE,
PUTHANAMPATTI- 621 007.

✚ Please enclose the following and tick appropriately

- 1) Programme Invitation
- 2) News paper Clippings of the Programme
- 3) Minutes/ Report of the Programme
- 4) Photo Clippings of the Programme
- 5) Attendance Report of the Programme
- 6) CRITERION :


Programme Organizer


Head of the Dept


Principal

President


Signature
IQAC Coordinator


Internal Quality Assurance Cell
IQAC
NMC, Puthanampatti

INVITATION



NEHRU MEMORIAL COLLEGE

[AUTONOMOUS]

Nationally Reaccredited with 'A+' Grade by NAAC]

Puthanampatti - 621 007 , Tiruchirappalli-Dt, Tamil Nadu, South India
(Affiliated to Bharathidasan University)



DEPARTMENT OF COMPUTER APPLICATIONS

AND

ROTARACT CLUB OF NEHRU MEMORIAL COLLEGE

IN ASSOCIATION WITH

PATANJALI YOGA SAMITI

CELEBRATION OF INTERNATIONAL YOGA DAY
'Yoga for Humanity'

Date: 21.06.2022

Venue: Mookkapillai Auditorium

Time: 07.30a.m - 09.00a.m.

Chief patrons

Er.Pon.Balasubramanian,
President, Nehru Memorial College

Mr.Pon.Ravichandran
Secretary, Nehru Memorial College

Patron

Dr. A. R. Ponperiasamy,
Principal, Nehru Memorial College



Resource person

S. Siva Shanmugam M.E.,
State President Patanjali Yoga Samiti, Tamilnadu



Organizing Secretary

Dr. M. Ramesh
Assistant Professor,
Department of Chemistry
Nehru Memorial College.

Dr.D.Jayachitra
Director of MCA
Nehru Memorial College

NEHRU MEMORIAL COLLEGE (AUTONOMOUS)
PUTHANAMPATTI
DEPARTMENT OF COMPUTER APPLICATIONS
CELEBRATION OF INTERNATIONAL YOGA DAY
“Yoga for Humanity”

International Yoga Day Celebration Report - 2022


Department of Computer Applications, Rotaract club of Nehru Memorial College in association with Patanjali Yoga Samithi, Trichy Organized the International Yoga Day on 21-06-2022 at Mookapillai Auditorium. The main purpose of the programme was to create awareness among the students and people about the importance of yoga and to keep the mind and body fresh. The practicing of yoga everyday helps to make our body fit and keep our mind stress free in our day-to-day activities.


Dr. M. Ramesh, Assistant professor Dept. of chemistry, Nehru Memorial College, Puthanampatti delivered the welcome address. The President of Nehru Memorial College Committee Er. Pon.Balasubramanian delivered the presidential address. The Secretary of Nehru Memorial College Committee Thiru.Pon. Ravichandran and Principal Dr.A.R.Ponperiasamy offered Felicitations.

The Special Guest Mr.S.Siva Shanmugam State President, Patanjali Kisan Seva Samithi, Tamilnadu, Distributed the Prizes for the Prize Winners of Various Events like Paper Presentation, Essay Writing, Cartoon, and delivered the keynote address of “**Yoga for Humanity**” and how to perform different Yoga Asanas. This was followed by mediation, which is the vital aspect of human body. The various forms of breathing exercises for speedy recovery from corona were also explained to live peacefully.

Students from Department of Computer Applications, NCC, NSS, Rotaract club and Professors from all the departments were participated in the yoga day celebration. He also demonstrated various yoga exercises. Around 100 participants were participated. We are very thankful to Patanjali Yoga Samithi.

Dr. V. R. Vijayalakshmi, Assistant Professor, Dept. of Tamil, proposed Vote of Thanks. The entire programme was organized by Dr. M. Ramesh, Assistant Professor, Department of Chemistry and Dr. D. Jayachitra, Director-MCA, Nehru Memorial College. Finally, the Programme was ended with National Anthem.


Organizing Secretary
(Dr.D.Jayachitra)


Principal Signature
(Dr. A.R. Ponperiasamy)

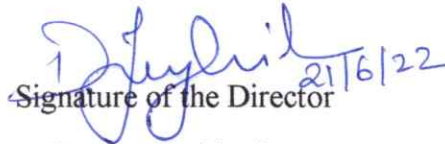
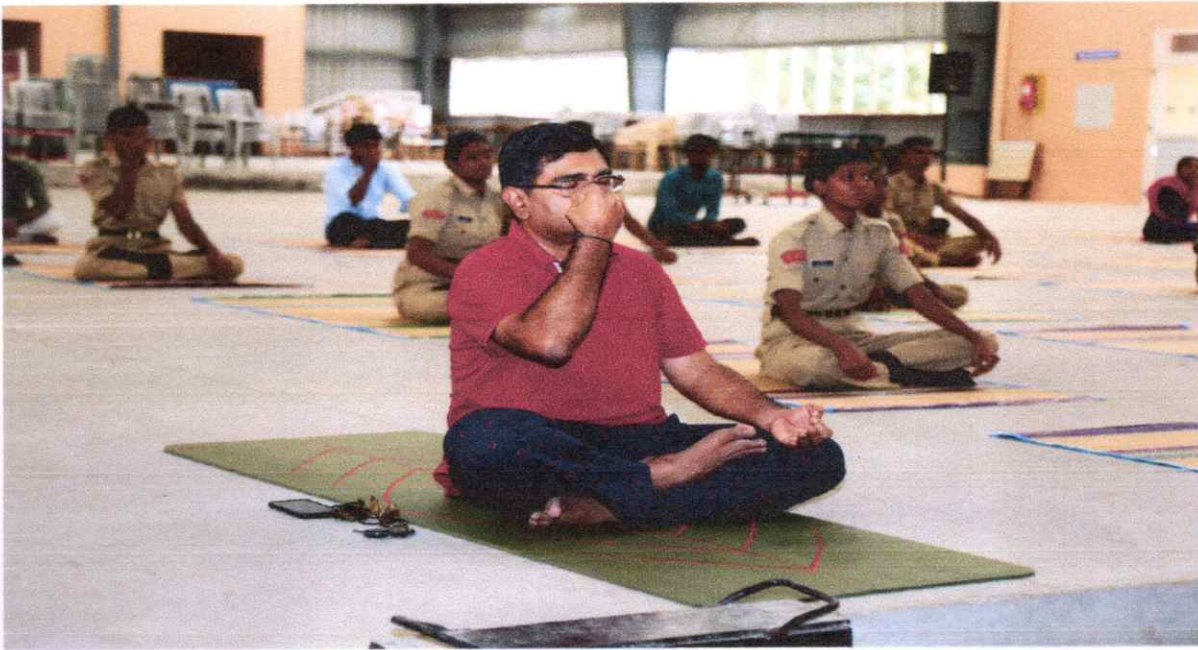

Signature of the Director
(Dr.D.Jayachitra)

PHOTO GALLERY



Puthanampatti, Tamil Nadu, India
3M9M+RG8, Puthanampatti, Tamil Nadu 621004, India
Lat 11.069513°
Long 78.684369°
21/06/22 08:41 AM



Puthanampatti, Tamil Nadu, India

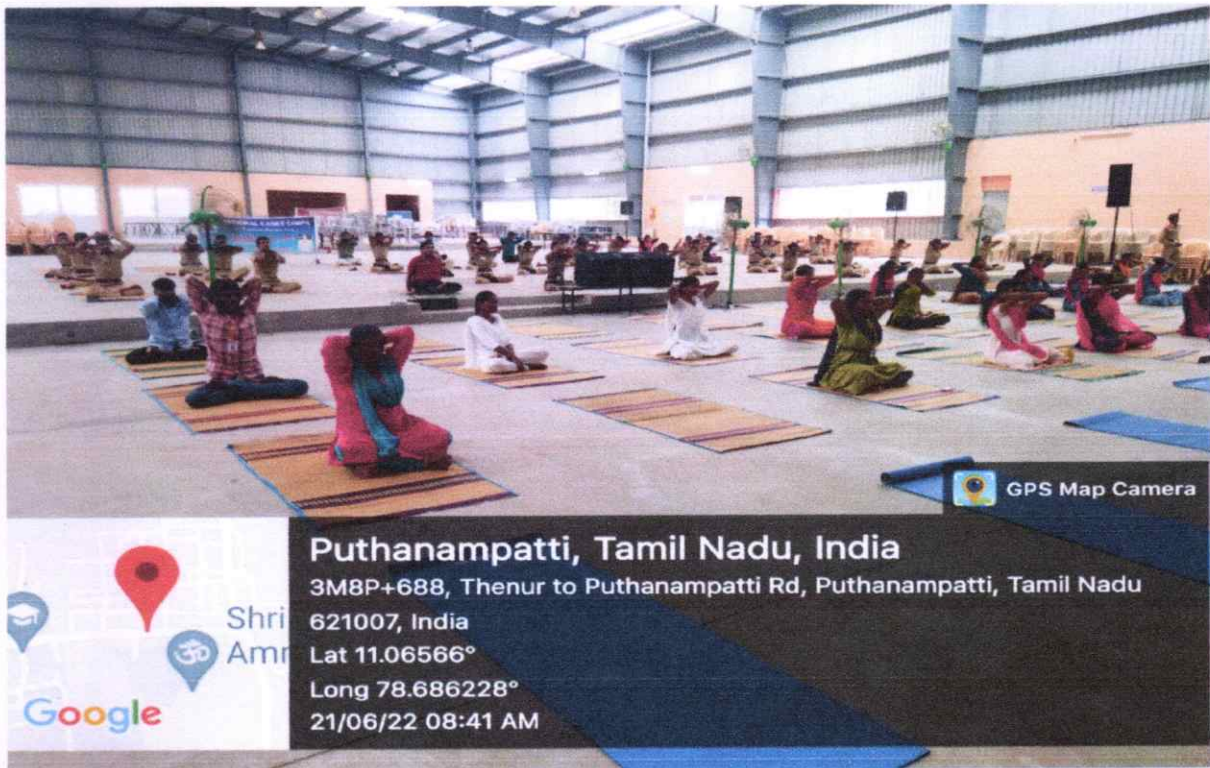
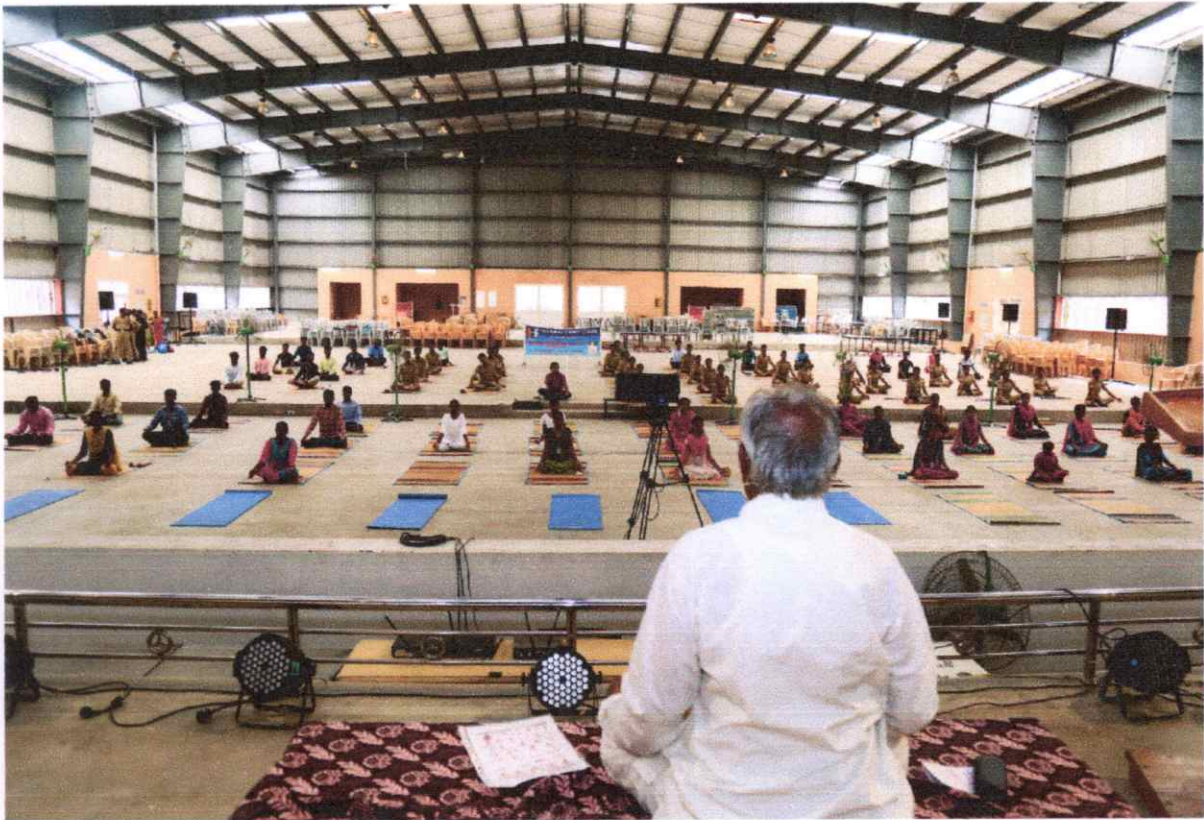
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Tamil Nadu 621007, India

Lat 11.064978°

Long 78.684561°

21/06/22 08:42 AM





MCA Students are Doing Yoga



P. Charulatha from I MCA Received the Prize from the Chief Guest

Dr. D. Jayachitra
Organizer 21/6/22

(Dr.D.Jayachitra)

Principal
22/6/2022

NEHRU MEMORIAL COLLEGE (AUTONOMOUS)
PUTHANAMPATTI - 621 007
DEPARTMENT OF COMPUTER APPLICATIONS

CELEBRATION OF INTERNATIONAL YOGA DAY

Yoga for Humanity

Class: I-MCA

Date: 21-06-2022

Sl.No	Name	Roll Number	Signature
1	ARUN R	P21MCA101	R. Arun
2	ARUNKUMAR S	P21MCA102	S. Arun
3	DHANEESH KUMAR N	P21MCA103	Dhaneesh N
4	DHARMESHWARAN P	P21MCA104	P. Dharmeshwara
5	DHINESH C	P21MCA105	C. Dhinesh
6	DINESH R	P21MCA106	R. Dinesh
7	DINESH R	P21MCA107	R. Dinesh
8	GAJENDRAN P	P21MCA108	P. Gajendra
9	HARIHARAN K	P21MCA109	K. Hariharan
10	HARISHKUMAR P	P21MCA110	P. Harish Kumar
11	KARTHICKRAJ R	P21MCA111	R. Karthickraj
12	KARTHIKEYAN C	P21MCA112	C. Karthikeyan
13	KARTHIKEYAN K	P21MCA113	K. Karthikeyan
14	KESAVAN S	P21MCA114	S. Kesavan
15	KISHORE V	P21MCA115	V. Kishore
16	MANOJI P	P21MCA116	P. Manoj
17	NITHISH KUMAR S	P21MCA117	S. Nithish Kumar
18	PRAKASH P (AAA)	P21MCA118	AAA
19	PRAVEEN ANTONY KUMAR J	P21MCA119	J. Praveen Antony Kumar
20	RANJITH K	P21MCA120	K. Ranjith
21	SARATHKUMAR K	P21MCA121	K. Sarath Kumar
22	SATHISH V	P21MCA122	V. Sathish
23	SENTAMIZHSELVAN M	P21MCA123	M. Sentamizh Selvan
24	SILAMBARASAN B	P21MCA124	B. Silambarasan
25	SUBASH S	P21MCA125	S. Subash
26	AKSHAYA VARCINI R K	P21MCA126	R. K. Akshaya Varcini
27	ARCHANA A	P21MCA127	A. Archana
28	ARTHI V	P21MCA128	V. Arthi
29	CHARULATHA P	P21MCA129	P. Charulatha
30	CHARULATHA R	P21MCA130	R. Charulatha
31	DHARANI M	P21MCA131	M. Dharani
32	DIVYALAKSHMI P	P21MCA132	P. Divyalakshmi
33	GAYATHRI M	P21MCA133	M. Gayathri

34	JEGA HARINI B	P21MCA134	B. Jegaharini
35	JEYALAKSHMI M	P21MCA135	M. Jeyalakshmi
36	KAVIPRIYA S	P21MCA136	S. Kavipriya
37	KAVIYA SELVI S	P21MCA137	S. Selvi
38	KIRUTHIKA S	P21MCA138	S. Kiruthika
39	KODIYARASI M	P21MCA139	M. Kodiyaaras
40	KOWSALYA V	P21MCA140	V. Kowsalya
41	LOGESHWARI J	P21MCA141	J. Logeshwari
42	MADHUMITHA A	P21MCA142	Madhuma
43	NIVETHA E	P21MCA143	Nivetha
44	PORKODI P	P21MCA144	Porkodi. P
45	SABITHA S (AAA)	P21MCA145	AAA
46	SOWMIYA B	P21MCA146	B. Sowmiya
47	SUBALAKSHMI R	P21MCA147	R. Subalakshmi
48	VAISHNAVI A	P21MCA148	ms.
49	VIDHYA P	P21MCA149	P. Vidya
50	MATHIYAZHAGAN S	P21MCA150	Maths


Signature of the Incharge 21/6/22

Dr.D.Jayachitra
Director of MCA
Nehru Memorial College (Autonomous)
Puthanampatti.